ABSTRACT OF THE DISCLOSURE

[0032] A torso harness for reducing injury from a fall from a utility pole. The torso harness has a segment of elastic cordage having a first end and a second end. The torso harness also has means for securing the first end to a support device in the utility pole and means for securing the second end to a technician's safety belt. The segment of elastic cordage stretches to decelerate the technician during a fall from the utility pole.